

NORTHWEST EYECARE PROFESSIONALS

PATIENT HISTORY QUESTIONNAIRE

Last Name _____ First Name _____ MI _____

Date of Last Eye Exam _____ Dilated? Y/N Dr. _____

Medical Information

What is your general Health? _____

Do you have problems with any of these systems? (please circle all that apply) Eyes Y/N

Gastrointestinal Y/N Nervous Y/N Mental Y/N Endocrine Y/N

Ears/Nose/Throat Y/N Genitourinary Y/N Cardiovascular Y/N Musculoskeletal Y/N

Respiratory Y/N Integumentary (skin) Y/N Allergic/Immunologic Y/N

Please Explain _____

Please answer all that apply:

Diabetes Y/N Type _____ Date of Diagnosis _____

Allergies Y/N Allergic to _____ What happens? _____

Medication Allergy Y/N Allergic to _____

What happens? _____

Other Health Issues _____

Current Medication(s) _____

Have you had any operations? Y/N Kind? _____

Do you use cigarettes/tobacco? _____ Alcohol? _____ Other? _____

Name of family doctor _____ Date of last visit _____

Date of last tetanus shot _____

Family History

High blood pressure Y/N Relation _____ Macular Degeneration Y/N Relation _____

Diabetes Y/N Relation _____ Retinal Detachment Y/N Relation _____

Glaucoma Y/N Relation _____ Cataracts Y/N Relation _____

Other Eye Condition(s) Y/N What kind? _____ Relation _____

Personal Eye Information

Have you had any eye operations? Y/N Type _____ Date _____

Have you had an eye injury? Y/N Kind _____ Date _____

Do you have glaucoma? Y/N Cataracts? Y/N Dry eyes Y/N Blurred Vision? Y/N

Other eye problems? Y/N What kind? _____

Do you wear glasses? Y/N Contact Lenses Y/N Type _____

Do you frequently experience:

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Blur far away | <input type="checkbox"/> Eyes itch | <input type="checkbox"/> Eye strain or tired eyes | <input type="checkbox"/> Eyes water easily |
| <input type="checkbox"/> Blur up close | <input type="checkbox"/> Dry Eyes | <input type="checkbox"/> Pain in or around eyes | <input type="checkbox"/> Nausea or stomach problems |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Squinting | <input type="checkbox"/> Sleepy when reading | <input type="checkbox"/> Reading held at 10" or less |
| <input type="checkbox"/> Eye burn | <input type="checkbox"/> Discharge | <input type="checkbox"/> Night vision problems | <input type="checkbox"/> Frequent loss of place when reading |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Light Sensitivity | | <input type="checkbox"/> Motion sickness from reading in car |

Have you been involved in a vision therapy program? _____

Have you had any major head, neck or back injury? Y/N Kind? _____

Pharmacy of Choice: _____ Telephone # or Address _____

Eyewear Safety

Everyday eyewear is not safe for all uses. The material used to make your lenses and the type of frame you select will determine how much protection your eyewear will provide. A dress frame can cause serious facial injuries if used for sports or other more hazardous activities. A sports or safety frame is recommended for these activities. Lens materials and lens thickness also affect eyewear safety. Polycarbonate and plastic materials are more shatter resistant and therefore safer than glass. We strongly recommend polycarbonate or plastic lenses for all children and active adults.

The answers to the following questions will help us to assist you in selecting the best eyewear for your lifestyle.

Occupation _____ Spouse's Occupations _____

Please describe any unusual duties or working conditions:

Are you required to wear safety glasses at work? Y ___ N ___

Are you active in any of the following?

SPORTS-

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Baseball/Softball | <input type="checkbox"/> Running |
| <input type="checkbox"/> Racquetball/Tennis | <input type="checkbox"/> Shooting |
| <input type="checkbox"/> Soccer | <input type="checkbox"/> Basketball |
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Golf |
| <input type="checkbox"/> Skiing | <input type="checkbox"/> Other |

HOBBIES AND SOCIAL ACTIVITIES-

- | | | |
|----------------------------------|----------------------------------|--|
| <input type="checkbox"/> Dancing | <input type="checkbox"/> Boating | <input type="checkbox"/> Computer |
| <input type="checkbox"/> Sewing | <input type="checkbox"/> Fishing | <input type="checkbox"/> Automotive Repair |
| <input type="checkbox"/> Reading | <input type="checkbox"/> Camping | <input type="checkbox"/> Card Playing |
| <input type="checkbox"/> Hunting | <input type="checkbox"/> Music | <input type="checkbox"/> Woodworking |

Dilation:

Pupil dilation is strongly recommended as part of your vision examination. To dilate your pupils, an eye drop is placed in each eye that causes the pupil to become larger. While dilated, it is likely you will experience increased light sensitivity and blurred vision at close distances. Most patients are able to drive after having their pupils dilated. Dilation enables the doctor to view more of your retina, see details more clearly, and detect changes that would not be seen through an undilated pupil. If a cyclo drop has to be used, the patient could appear to be dilated for days vs. hours.

Signature _____ Date _____