

# PATIENT QUESTIONNAIRE

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Nickname \_\_\_\_\_ Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Date of Last Eye Exam \_\_\_\_\_ Dilated? Y \_\_\_ N \_\_\_ Dr. \_\_\_\_\_

## Medical Information

### What is your general Health?

Do you have problems with any of these systems? (*please circle all that apply*) Eyes Y/N  
Gastrointestinal Y/N Nervous Y/N Mental Y/N Endocrine Y/N  
Ears/Nose/Throat Y/N Genitourinary Y/N Cardiovascular Y/N Musculoskeletal Y/N  
Respiratory Y/N Integumentary (skin) Y/N Allergic/Immunologic Y/N  
Please Explain \_\_\_\_\_  
\_\_\_\_\_

### Please answer all that apply:

Diabetes Y/N Type \_\_\_\_\_ Date of Diagnosis \_\_\_\_\_

Allergies Y/N Allergic to \_\_\_\_\_ What happens? \_\_\_\_\_

Medication Allergy Y/N Allergic to \_\_\_\_\_

What happens? \_\_\_\_\_

Other Health Issues \_\_\_\_\_

Current Medication(s) \_\_\_\_\_

Have you had any operations? Y/N Kind? \_\_\_\_\_

Do you use tobacco? Y \_\_\_ N \_\_\_ Type: \_\_\_\_\_ How much? \_\_\_\_\_

Are you interested in information to help you quit? Y \_\_\_ N \_\_\_

Do you use alcohol? \_\_\_\_\_ other substances? \_\_\_\_\_

Name of family doctor \_\_\_\_\_ Date of last visit \_\_\_\_\_

Date of last tetanus shot \_\_\_\_\_

## Family History

High blood pressure Y/N Relation \_\_\_\_\_ Macular Degeneration Y/N Relation \_\_\_\_\_

Diabetes Y/N Relation \_\_\_\_\_ Retinal Detachment Y/N Relation \_\_\_\_\_

Glaucoma Y/N Relation \_\_\_\_\_ Cataracts Y/N Relation \_\_\_\_\_

Other Eye Condition(s) Y/N What kind? \_\_\_\_\_ Relation \_\_\_\_\_

## Personal Eye Information

Have you had any eye operations? Y/N Type \_\_\_\_\_ Date \_\_\_\_\_

Have you had an eye injury? Y/N Kind \_\_\_\_\_ Date \_\_\_\_\_

Do you have glaucoma? Y/N Cataracts? Y/N Dry eyes Y/N Blurred Vision? Y/N

Other eye problems? Y/N What kind? \_\_\_\_\_

Do you wear glasses? Y/N Contact Lenses Y/N Type \_\_\_\_\_

**Do you frequently experience:**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Blur far away | <input type="checkbox"/> Eyes itch         | <input type="checkbox"/> Eye strain or tired eyes | <input type="checkbox"/> Eyes water easily                   |
| <input type="checkbox"/> Blur up close | <input type="checkbox"/> Dry Eyes          | <input type="checkbox"/> Pain in or around eyes   | <input type="checkbox"/> Nausea or stomach problems          |
| <input type="checkbox"/> Headaches     | <input type="checkbox"/> Squinting         | <input type="checkbox"/> Sleepy when reading      | <input type="checkbox"/> Reading held at 10" or less         |
| <input type="checkbox"/> Eye burn      | <input type="checkbox"/> Discharge         | <input type="checkbox"/> Night vision problems    | <input type="checkbox"/> Frequent loss of place when reading |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Light Sensitivity |   | <input type="checkbox"/> Motion sickness from reading in car |

Have you been involved in a vision therapy program? \_\_\_\_\_

**Have you had any major head, neck or back injury?** Y/N Kind? \_\_\_\_\_

**Pharmacy of Choice:** \_\_\_\_\_ **Telephone # or Address** \_\_\_\_\_

**Eyewear Safety**

Everyday eyewear is not safe for all uses. The material used to make your lenses and the type of frame you select will determine how much protection your eyewear will provide. A dress frame can cause serious facial injuries if used for sports or other more hazardous activities. A sports or safety frame is recommended for these activities. Lens materials and lens thickness also affect eyewear safety. Polycarbonate and plastic materials are more shatter resistant and therefore safer than glass. We strongly recommend polycarbonate or plastic lenses for all children and active adults.

The answers to the following questions will help us to assist you in selecting the best eyewear for your lifestyle.

**Occupation** \_\_\_\_\_ **Spouse's Occupations** \_\_\_\_\_

Please describe any unusual duties or working conditions:

\_\_\_\_\_

Are you required to wear safety glasses at work? Y/N Are you active in any of the following?

*SPORTS-*

- |   |                                     |
|---|-------------------------------------|
| <input type="checkbox"/> Baseball/Softball  | <input type="checkbox"/> Running    |
| <input type="checkbox"/> Racquetball/Tennis | <input type="checkbox"/> Shooting   |
| <input type="checkbox"/> Soccer             | <input type="checkbox"/> Basketball |
| <input type="checkbox"/> Swimming           | <input type="checkbox"/> Golf       |
| <input type="checkbox"/> Skiing             | <input type="checkbox"/> Other      |

*HOBBIES AND SOCIAL ACTIVITIES-*

- |                                  |                                  |  |
|----------------------------------|----------------------------------|--|
| <input type="checkbox"/> Dancing | <input type="checkbox"/> Boating | <input type="checkbox"/> Computer          |
| <input type="checkbox"/> Sewing  | <input type="checkbox"/> Fishing | <input type="checkbox"/> Automotive Repair |
| <input type="checkbox"/> Reading | <input type="checkbox"/> Camping | <input type="checkbox"/> Card Playing      |
| <input type="checkbox"/> Hunting | <input type="checkbox"/> Music   | <input type="checkbox"/> Woodworking       |

**Dilation:**

Pupil dilation is strongly recommended as part of your vision examination. To dilate your pupils, an eye drop is placed in each eye that causes the pupil to become larger. While dilated, it is likely you will experience increased light sensitivity and blurred vision at close distances. Most patients are able to drive after having their pupils dilated. Dilation enables the doctor to view more of your retina, see details more clearly, and detect changes that would not be seen through an undilated pupil. If a cyclo drop has to be used, the patient could appear to be dilated for days vs. hours.

Signature \_\_\_\_\_ Date \_\_\_\_\_